

Understanding Your Treatment

Educational overview of physician-supervised telehealth weight-loss care at Southern Virtual Health. This is not a promise of results.

How GLP-1 / GIP medications work

- These medicines mimic hormones that help regulate appetite, digestion, and blood sugar.
- They can reduce hunger and slow stomach emptying so you feel full longer. Individual responses vary.

Brand-name medications only

- When prescribed: Wegovy, Zepbound, or Foundayo - FDA-approved brand-name products only.
- Purchased through manufacturer cash-pay programs and shipped home. No compounding. Drug cost is separate.

Physician-supervised care

- Evaluation, gradual dose increases, side-effect monitoring, and oversight by Alabama-licensed physicians and NPs.

What membership includes

- Scheduled telehealth visits, clinical oversight, Alabama team support, and manufacturer coordination.
- Medication cost is separate.